When the patient is already suffering from intense pain, they would really commit suicide if they lose hope," Leung said. "Advanced Directives is a declaration that healthcare professionals should not say to their patients: "Sorry, I cannot help you anymore." The doctor has to take care of the patient as a person, upholding his/her quality of life by relieving his/her pain and providing psycho-social support. You need to cope with the grief of losing someone they love. Apart from providing relief from pain for the patients, we also need to support the family members of the patients. We need to have a warm and unhurried environment.

Palliative care is not inactive care," said Dr Antony Chi-Tat Leung, Medical Superintendent of Haven of Hope National Hospice. "Palliative care can be provided along with curative treatment as the patient moves along the disease trajectory from the point of diagnosis to the point of death. (Photo credit: Physiopedia)

"To cure sometimes, to relieve often, to comfort always." This quote from Dr Edward Trudeau, founder of a tuberculosis clinic in the 1880s, is still pertinent today. Palliative care is an option outside hospitals." When the patient is already suffering from intense pain, they would really commit suicide if they lose hope," Leung said. "Advanced Directives is a declaration that healthcare professionals should not say to their patients: "Sorry, I cannot help you anymore." The doctor has to take care of the patient as a person, upholding his/her quality of life by relieving his/her pain and providing psycho-social support. You need to cope with the grief of losing someone they love. Apart from providing relief from pain for the patients, we also need to support the family members of the patients. We need to have a warm and unhurried environment.

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